



Lori Bestler

Mind Mastery Expert

AWARD WINNING MOTIVATIONAL SPEAKER

Combining Science of the Mind and Motivation
to Improve Lives and Unleash Unlimited Potential

Watch as Your Employees Productivity and Morale Levels Soar



Lori shares her empowering wisdom in life-changing programs for:

- Entrepreneurs and ambitious professionals with busy minds
- Organizations committed to supporting employees to achieve wellness and peak performance
- Individuals seeking to improve mentally, physically, spiritually

As an entrepreneur, educator and coach in the field of human potential for more than 26 years, Lori Bestler knows how to engage and motivate people to make small changes that produce big results.

Partial Client List

- AmericInn Lodge and Suites
- Boise Fort Indian Reservation
- Cottage Grove Business Women Development Group
- Edina Realty
- Association of Operating Room Nurses of Twin Cities
- La Grande Salon
- Upper Midwest Health Expo
- Merrick Inc.
- MN State College Student Administration
- MN State Lottery
- Professional Women of St Croix Valley
- Quad Area Chamber of Commerce
- St. Patrick's Steer Your Career Job Transition Group
- International Executive Housekeepers Association
- Timeless Elements Skin Spa and Laser Center
- United Way
- Wyoming Business Association

Contact Lori
(651) 260-4540

☺ You are STAR quality. You have a big personality that fills up a room and that was exactly what we were looking for. We received good feedback from our attendees on your presentation. I am hopeful we will work together again soon.

Anna M. Wicks, Director-Quad Area Chamber of Commerce

☺ Lori, you did an excellent job presenting at our fall conference, and the evaluations were all very positive as the majority of attendees gave you our highest rating of "excellent". You are high energy and conveyed a message that everyone can relate to in any occupation. Members said; "Lori was fabulous. She is a great motivational speaker; very fun, engaging and interesting to listen to!"

Chris Hanson
Upper Midwest Health Expo

☺ Thank you for presenting at our seminar! You are such an informative, fun and engaging speaker. Our survey results confirmed that attendees truly enjoyed hearing your motivational presentation and meeting you. Not only would I recommend you to others, women at the event indicated in the surveys they would too. You are such an inspiration, thank you.

Jenna, Community Pride Bank

When Lori Speaks, People are Transformed!

Most Requested Programs



Get ready for a Dynamic, Interactive and Inspirational Journey...

That attendees will talk about and apply tools taught for weeks and months!

1. Create the Life You Love without Burning Out

Do you feel overwhelmed? Unfocused? Stressed out? It's frustrating when you feel like no matter how hard you work, you never have a moment to rest. In this motivating and educational presentation, Lori Bestler shows you how to de-clutter your brain, reduce stress, and manage time. Learn the essential mind mastery keys to eliminate self-sabotage and limiting beliefs for unlimited success and wellbeing.

2. Are you Ready to Unleash Your Unlimited Potential?

Studies reveal, time and time again that thoughts, energy-intentions, and beliefs all affect our physical body's molecular structure, and our ability to achieve success and live to our full potential. In this session, Lori will teach you Mind Mastery skills to remove limitations in your mind, and reshape thoughts and words so you can:

- Motivate yourself to step out of your comfort zone and into greatness.
- Increase confidence and self-esteem.
- Tap into the power of positive thinking to increase productivity and achieve goals.



3. B-U-S-Y is a 4-letter Word! Stop the Effects of Negative Stress

Daily, millions of people abuse their bodies. In fact, research suggests that 90% of all dis-ease and illness is stress related. Learn about "The Busy Mind Syndrome"; a rapidly increasing stressor that contributes to low productivity, bad attitudes, and lost time at work which costs employers thousands of dollars.

In this educational and experiential presentation attendees learn effective brain enhancing techniques and tips to:

- Complete tasks with greater ease.
- Eliminate reactivity to stressors and increase your ability to deal with future stress more effectively.

4. Make up Your Mind to Succeed in Sales

Based on Brian Tracy's 80/20 rule, Lori believes that 80 percent of sales success comes from your mental attitude alone. This is based on her experience developing and leading a team of more than 200 nationally-recognized independent direct sales consultants in less than 3 years.

In this session you will learn how to develop a positive attitude, powerful and persuasive body language, and the skills to quickly build rapport and make positive connections to excel in life and in your sales career.



Meet Lori Bestler

Rarely do you find in one individual a speaker, business & life coach, Neuro Linguistic practitioner, stress management specialist and hypnotherapist specializing in helping entrepreneurs with busy minds. Yet Lori Bestler offers just that. Her dynamic formula helps individuals break through barriers, remove limiting beliefs and deal with habits and behaviors that hold them back from realizing an optimal state of unlimited success and wellbeing.

Lori's professional journey from data entry operator to leader of more than 200 nationally-recognized independent direct sales consultants helped her realize she had an innate ability to aid individuals to tap into their limitless potential and excel beyond what they imagined. Lori's personal journey overcoming tremendous and painful obstacles allow her to empathize, empower and inspire audience members.

Countless hours of research are combined with Lori's personal experiences resulting in an expertise in the science of cognitive process, self-motivation, and positive resolve. Her programs are designed to demonstrate the power we all possess to triumph against overwhelming odds.

Lori's been a featured holistic practitioner in The Edge Magazine and interviewed on North Metro TV. She's also been a guest on World Talk Radio; "Change your mind, change your life," The Prosperity Student Radio show, and The Business Forum Radio Program.

BOOK LORI TODAY
651-260-4540